

TAKE AND EAT

Michael Joncas

Refrain



1

Take and eat; take and eat: this is my bod - y
Take and drink; take and drink:




2

giv-en up for you. this is my blood giv-en up for you.

to Verses
(Fine)


Verses




1. I am the Word that spoke and light was made;
2. I am the way that leads the ex - ile home;
3. I am the Lamb that takes a - way your sin;
4. I am the cor - ner-stone that God has laid;
5. I am the light that came in - to the world;
6. I am the first and last, the Liv - ing One;



1. I am the seed that died to be re - born;
2. I am the truth that sets the cap - tive free;
3. I am the gate that guards you night and day;
4. A cho - sen stone and pre - cious in his eyes;
5. I am the light that dark - ness can - not hide;
6. I am the Lord who died that you might live;



1. I am the bread that comes from heav'n a - bove;
2. I am the life that rais - es up the dead;
3. You are my flock: you know the shep-herd's voice;
4. You are God's dwell - ing place, on me you rest;
5. I am the morn - ing star that nev - er sets;
6. I am the bride-groom, this my wed - ding song;



to Refrain

1. I am the vine that fills your cup with joy.
2. I am your peace, true peace my gift to you.
3. You are my own: your ran - som is my blood.
4. Like liv - ing stones, a tem - ple for God's praise.
5. Lift up your face, in you my light will shine.
6. You are my bride, come to the mar-riage feast.

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